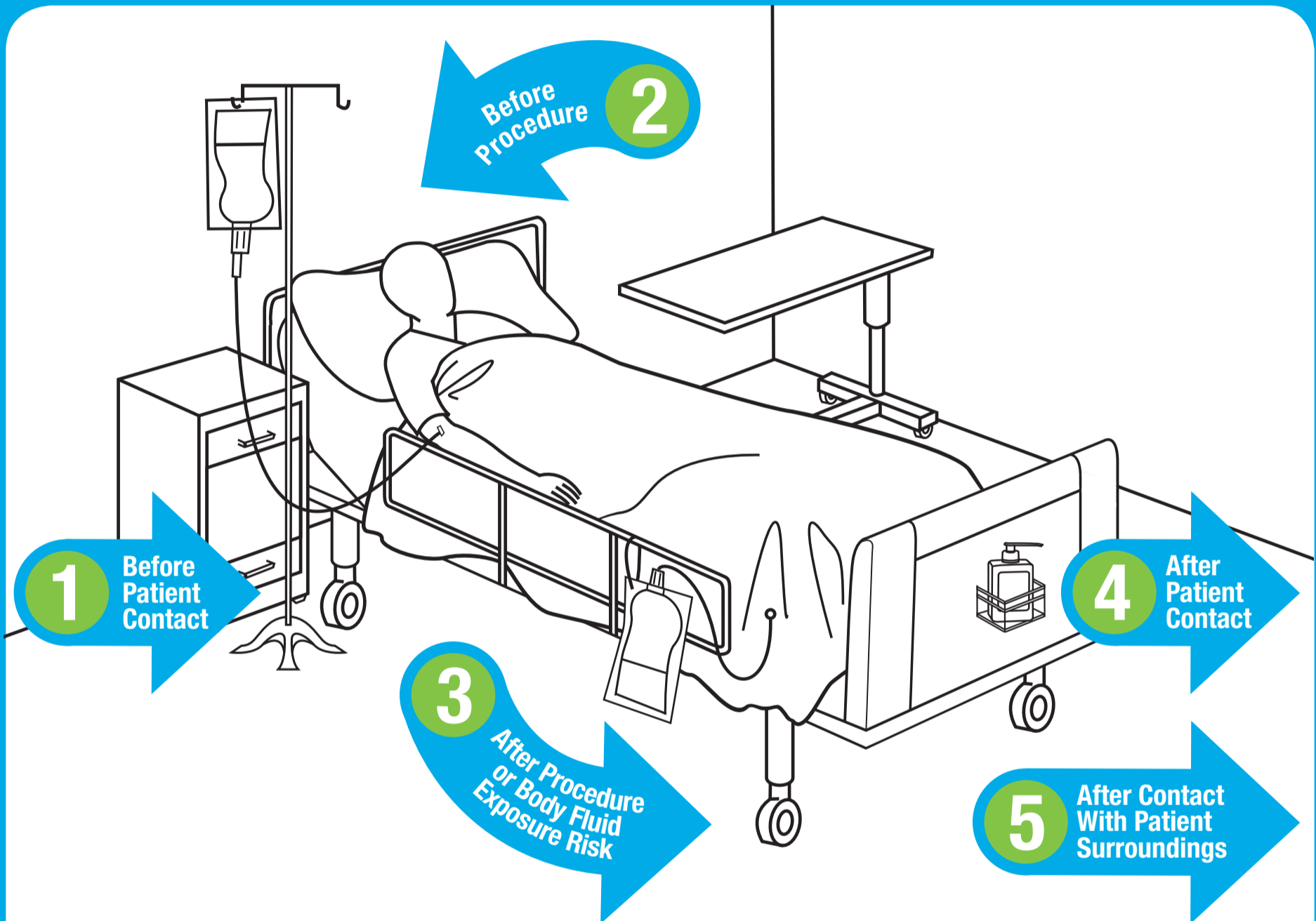


YOUR 5 MOMENTS FOR HAND HYGIENE



1 Before Patient Contact

WHEN? Clean your hands before touching a patient when approaching him/her.
WHY? To protect the patient against harmful germs carried on your hands.

2 Before Procedure

WHEN? Clean your hands immediately before any procedure.
WHY? To protect the patient against harmful germs, including the patient's own, from entering his/her body.

3 After Procedure or Body Fluid Exposure Risk

WHEN? Clean your hands immediately after an exposure risk to body fluids (and after glove removal).
WHY? To protect yourself and the health-care environment from harmful patient germs.

4 After Patient Contact

WHEN? Clean your hands after touching a patient and her/his immediate surroundings, when leaving the patient's side.
WHY? To protect yourself and the health-care environment from harmful patient germs.

5 After Contact with Patient Surroundings

WHEN? Clean your hands after touching any object of furniture in the patient's immediate surroundings, when leaving - even if the patient has not been touched.
WHY? To protect yourself and the health-care environment from harmful patient germs.



CLEAN HANDS SAVE LIVES

Ringa Mā, Hunga Ora

www.handhygiene.org.nz



INFECTION PREVENTION & CONTROL